

HOW TO USE YOUR COSAGRANDE PREMIUM CREAM

Congratulations! You now have the CosaGrande Premium Cream in your hands! When used correctly in accordance with the following instructions, you may find your penis enlarged in both length and girth in due time!

Get to know your CosaGrande Premium Cream

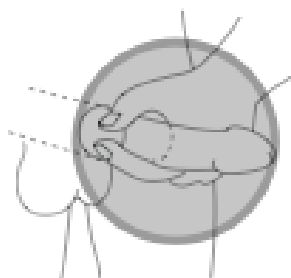


RECOMMENDATION

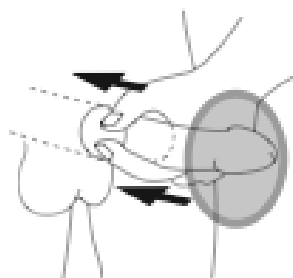
- 1st Week -- 50-100 strokes/session at medium strength
- 2nd Week -- 100-200 strokes/session at medium-full strength
- 3rd Week -- 200 or more strokes/session, as strong as you can



Picture 1



Picture 2



Picture 3

Follow these steps for Immediate Natural Penis Enlargement and Erection Enhancement!

1. Squeeze one pump onto your fingers and use your thumb and forefinger, squeeze the base of the penis shaft (Picture 1). Gently pull downward towards the head of the penis. Stop at the head. Repeat, alternating hands. Make each stroke last about 3 seconds.
2. When your penis becomes SEMI-ERECT, form an "O" grip (Picture 2) with the thumb and forefinger of your left hand. With this hand, grip tightly around the actual base of your penis, press towards the base of the penis shaft (Picture 3).
3. Starting from the base, pull the penis gently but firmly. Stretch downwards and outward. You should still be in a semi-erect state. Make sure to stroke the penis from the base to the base of the penis head. Note that the head of your penis expands with blood.
4. Alternate both hands in a smooth rhythmic ("milking") motion, touching upon every part of the penis except the very top-middle part.

Keep Note:

- Remember to keep your penis partially erect. If you feel the urge to ejaculate, pause milking and wait for the urge to subside. Holding back is an exercise in restraint, which instills a sense of self-control.
- If you find yourself getting an erection during this exercise, squeeze harder to discourage it or simply wait until it subsides.
- Do this exercise 5 days a week.

WARNING:

If you are suffering from any illnesses kindly seek medical advice prior to using CosaGrande Premium Cream. The CosaGrande Premium Cream is safe to use and there is no known ill effects or side effects if any and if used correctly without abuse. Kindly seek medical advice prior to using if you are suffering from: High blood pressure, hypertension, diabetes and migraine.

For more information:

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